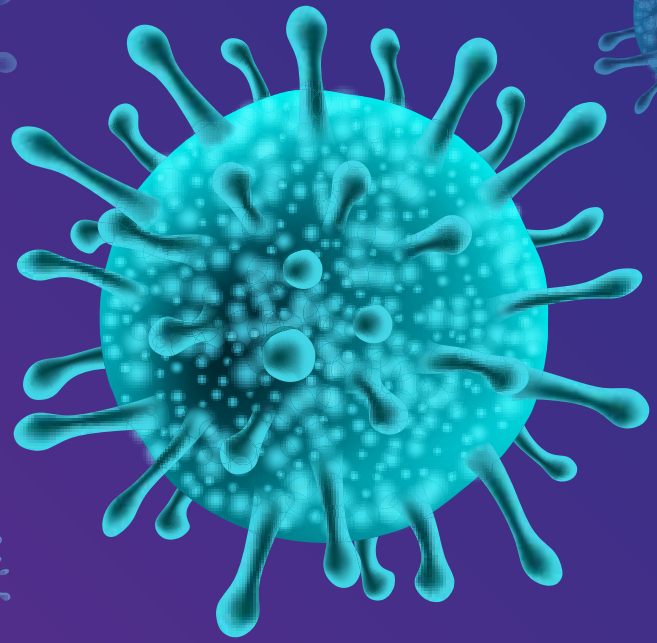


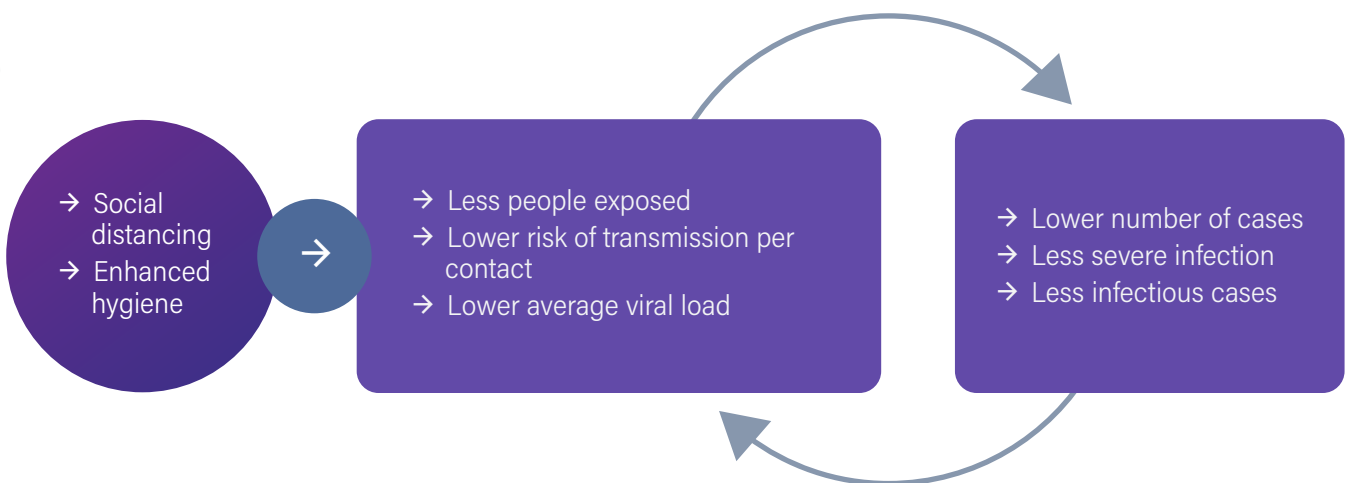
CORONA VIRUS COVID-19



COVID-19: A GLOBAL PANDEMIC

Smart action today will prevent the spread of the virus tomorrow

Here are some workplace, household, commercial / entertainment & transport setting interventions that can help prevent the spread of the virus.



Conceptual model of how pre-emptive interventions with a negative multiplier effect could impact the further spread of this pandemic in your local community and surroundings

Workplace Interventions



- No handshaking policy
- Promote cough and sneeze etiquette (but focus on excluding ill staff)
- Videoconferencing as default for meetings
- Defer large meetings
- Enforced sanitisation of hands at entrance
- Regular hand sanitation schedule reminders via email
- Lunch at desk rather than in lunch room
- Gamifying hygiene rules e.g. to discourage touching face
- ill people stay at home and ill workers immediately isolated
- Hold necessary meetings outside in open air if possible
- Staff with ill household contacts should stay at home
- Disinfect high-touch surfaces regularly and between users
- Work from home where possible and consider staggering of staff where there is no loss of productivity from remote work
- Consider opening windows and adjusting air conditioning
- Limit food handling and sharing of food in the workplace
- Assess staff business travel risks

All Households

- Enhanced hand sanitisation
- Gamifying hygiene rules e.g. to discourage touching face
- Disinfect high-touch surfaces regularly
- "Welcome if you are well" signs on front door
- Increase ventilation rates in the home by opening windows or adjusting air conditioning
- Promote cough and sneeze etiquette

Households with ill members (in addition to measures above)

- ill household members are given own room if possible and only one person cares for them
- The door to the ill persons room is kept closed
- Wearing simple surgical dust masks by both infected persons and other family members caring for the case
- Consider extra protection or alternative accommodation for household members over 65 years or with underlying illness

Household-based Interventions

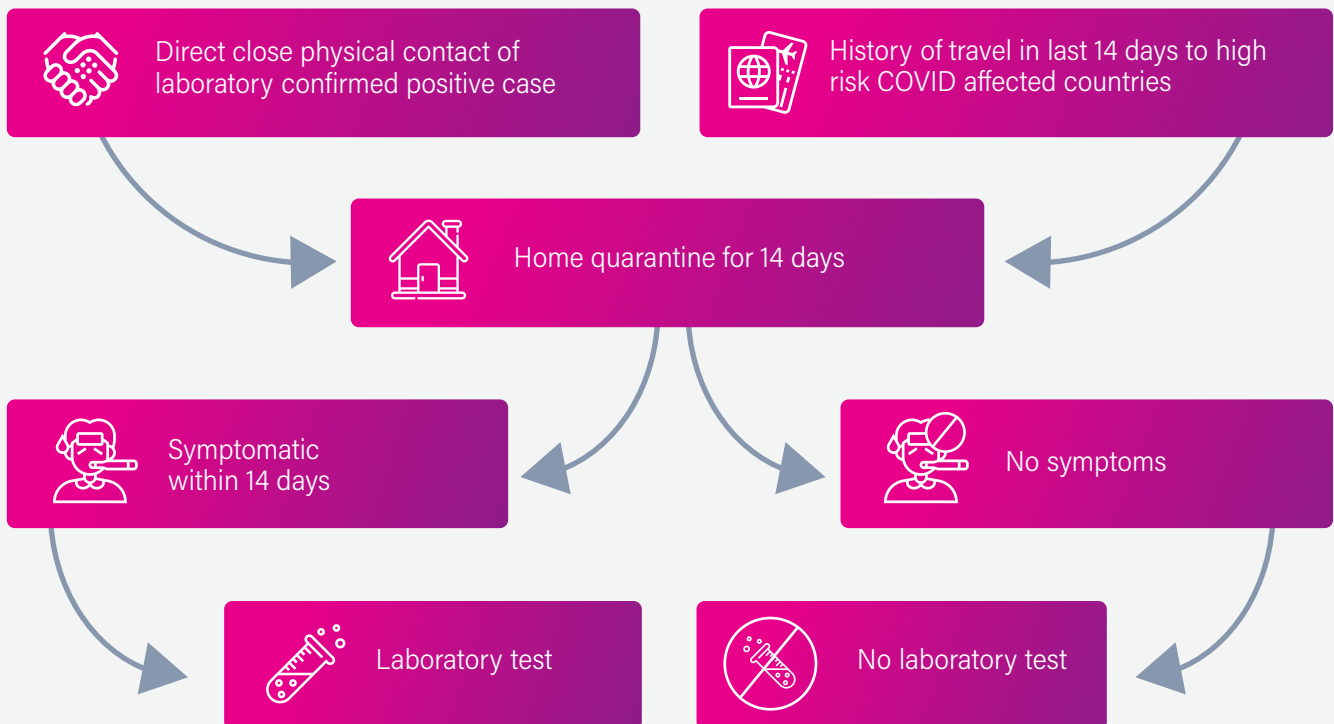


Commercial / entertainment / transport setting Interventions



- Sanitisation of hands at building entrance encouraged
- Tap and pay preferred to limit handling of money
- Disinfect high-touch surfaces regularly
- Avoiding crowding through booking and scheduling, online prepurchasing, limiting attendance numbers
- Enhance hygiene and screening for illness among food preparation staff and their close contacts
- Enhance airflow and adjust air conditioning
- Public transport workers/taxi/ride share - vehicle windows opened where possible, increased air flow, high-touch surfaces disinfected

What is the Coronavirus testing strategy being followed in India?



Coronavirus symptoms, or something else?



Cold or Allergies

- Itchy eyes
- Stuffy nose
- Sneezing

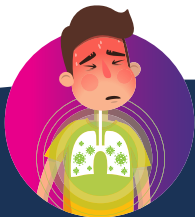


Flu or Coronavirus

- Fever
- Fatigue
- Body aches
- Cough
- Worsening symptoms

Coronavirus

- Shortness of breath
- History of travel
- Exposure



Prudent Insurance Brokers Pvt. Ltd. - Registered Office 101, Tower B, Peninsula Business Park, G.K. Marg, Lower Parel, Mumbai - 400 013, Maharashtra, Tel: +91 22 3306 6000

CIN No.: U70100MH1982PTC027681 | License No. 291 (18th February 2020 to 17th February 2023)

Insurance is the subject matter of solicitation.

DISCLAIMER - For Attn. of the Health-tip Readers

The information given here is gleaned from various open source websites. The content in this Health-tip is provided for information and general education purpose only, and should not be treated as a substitute for the medical advice of your own doctor or any other health care professional.

The content in the Health-tip is not substantiated or evaluated by any statutory/government bodies or laboratories. The statements and the products mentioned in the Health-tip are not intended to diagnose, treat, cure or prevent any disease or affliction. No action should be taken based solely on the basis of the information.

Prudent Insurance Brokers is not responsible or liable in any way whatsoever including remedial costs or legal action resulting in any self-diagnosis made by a user based on the content of this Health-tip. The reader is made aware that the contents of the Health-tip may change rapidly and information in the Health-tip may become out of date.